



PLEASANT NEWS

Estuary Education and Observation Project

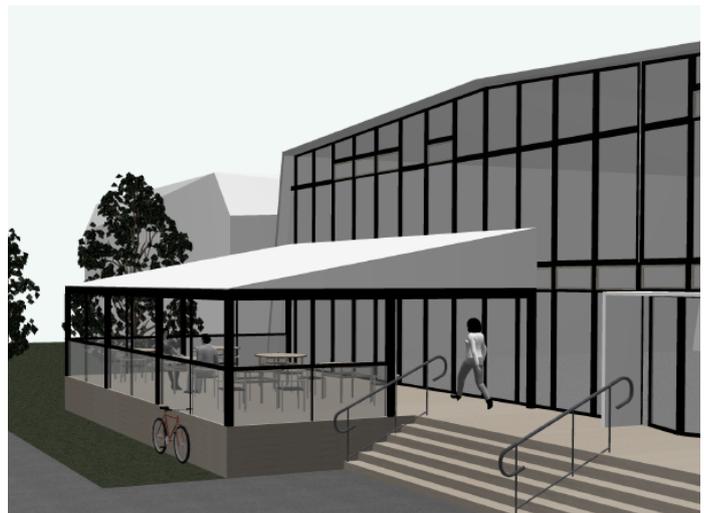
The project to establish an Estuary Education and Observation facility at the Mt Pleasant Centre is underway. Preliminary plans have been drawn up to weatherproof the front deck and the fundraising and consent applications are in progress.

It is hoped that the facility will be in place in time for the Intercol Conference in October. This Wetlands Science conference will attract up to 1500 delegates to Christchurch, and with the facility in place we will be able to host them for an exhibition that will run at the centre for the duration of the conference.

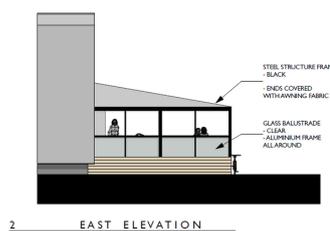
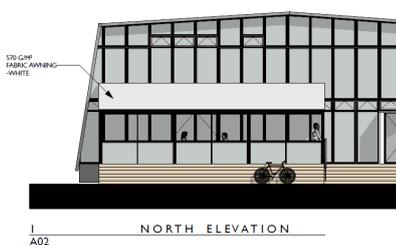
The Avon Heathcote Estuary has recently been awarded Wetland of International Significance status, one of only 138 in the world and 4 in Aotearoa New Zealand.

This facility will allow us, in conjunction with the Avon Heathcote Esturay Ituhai Trust, to further educate people in the ecological importance of this environmental feature at our doorstep.

This facility will allow us, in conjunction with the Avon Heathcote Esturay Ituhai Trust, to



further educate people in the ecological importance of this environmental feature at our doorstep. It will be used to run programmes for schools and enable us to host national and international birdwatchers and photographers who are attracted to the 30,000 birds that call the estuary home. Making the front deck weatherproof, with a fabric roof and clear sides, will also make the space available for hire for a wide range of events.



President's Update

Kia ora Koutou Katoa,

I hope you have all had a wonderful summer.

The Community Centre has been a hive of activity over the summer. Whilst many of the classes had a summer break, several groups offered some one off classes or trialed some new options. We have also been very busy with one off events. Its so good to see our Mt. Pleasant community using our wonderful space.

It was great to be able to thank our volunteers just before Christmas and as well we hosted a BBQ for the Residents Association members. Nothing would be possible without the support of these wonderful people.

Estuary Fest on February 22nd was a great success. It's the 8th time we have hosted it with the support of our sponsors. We think it was the largest crowd we have had to date and the weather was very kind to us! Again a big thankyou to everyone who volunteered their time to make it such a successful event.

As you know we undertook some planning last year. This year we hope to bring some of those ideas into fruition. One of the ideas is to cover in half of the Front Deck and in partnership with Avon Heathcote Estuary Ihutai Trust (Estuary Trust) create a weatherproofed estuary education and observation space, as well as increase our usable space. We are in the process of applying for grants to make this happen.

It's membership renewal time, so if you're not a member please email us or pop in the Community Centre and we would be delighted to sign you up! If you have some spare time we have a plethora of volunteer activities you can get involved in. Just pop into the Front Room Cafe with the back pack of this edition of the Pleasant News and chat to our staff. Enjoy autumn, always a lovely time of year.

Ngā mihi nui

Kate Rawlings

Our Local Libraries

Kia ora from Christchurch City Libraries, Did you know? Christchurch City Libraries offers free Justice of the Peace clinics every week to get your documents verified - printing and scanning services are also available.

Your local library JP clinics are: Matuku Takotako: Sumner Centre on Saturdays from 10am-12pm; Linwood Library @ Eastgate on Tuesdays from 10am-1pm.

School Holidays are coming up - Christchurch City Libraries offer a variety of programmes and activities, pop in to any library to grab your copy of our library newsletter Huraina or read it online to find



Coming up at your local libraries:

Matuku Takotako Sumner Centre:

Makerspace - Thursday 16 April from 3.15 - 4.45pm for children of all ages.

Super Saturday Storytimes - Saturday 2nd May - 2-3pm. Ideal for families.

Linwood Library:

Game Zone: After School Fun - Thursdays 3.30 - 4.30pm during term time. Ages 8-13.

Creative Writing

for Teens - Sundays 1-3pm. Bring your ideas and some pens and paper.

Are you curious about using your device to read or listen to books? Download our free app Libby by Overdrive and log in with your library card number and PIN/Password. Need a hand? Pop in to any library with your device.

Don't forget, joining the library is free and you can begin the process online through our website. Or just come into any library and our friendly staff are happy to help.



What's up with the birds in our Estuary?

By Tanya Jenkins – Manager for 'the Estuary Trust' (Avon-Heathcote Estuary Ihutai Trust)

Autumn is on its way and several bird species are busily feeding as much and as fast as they can to put on enough weight in order to start their winter migration.

For some bird species it means they will arrive from around the South Island to spend winter here with us in our estuary and for others it means they will leave us to go to their wintering grounds.

Let's take the Godwits/ Kuaka for example; during the second and third weeks of March they will start flying around the estuary to select leaders who will have the enormous responsibility to take a flock of birds all the way back to Alaska and their breeding grounds. Spring and Summer in Alaska will see enough food for them to bring up the next generation of birds before they return to our estuary again in September.

What an amazing journey; some 12,000km each way! From Alaska to Christchurch it is a non-stop journey of 8 or more days and nights. When they leave Christchurch in March they will have a stop-over in wetlands of China and Korea before the final stretch to Alaska.

To celebrate this amazing and epic annual journey the Estuary Trust organises a ceremony each year in early March to "wish the Godwits a safe journey to their breeding grounds".



Andrew Crossland – bird expert guiding public to see Godwits

This year the event was held on Sunday 8th March at South Shore Spit Reserve. There was some information about the Godwits before we were guided by City Council park rangers to view the Godwits up close through spotters and binoculars. The male birds were displaying their newly formed breeding plumage with red/brown feathers looking stunning.

It is no wonder that our estuary received special status of being "a wetland of international significance" in 2019. There is an amazing variety of birds (120 species) sharing this special place with us. And "sharing" is the key word for this article. Many of us use the estuary for fishing, wind surfing, yachting, kayaking and other watersports. It's a wonderful place to cycle past or to walk the family or the dog. But do we consider the birds while we do this? Birds can only feed on the low tides while mud and food is exposed. So during this time especially it is vital that dogs stay on the lead. It takes birds up to 40 minutes to calm down after being frightened by dogs chasing them. Imagine if they are disturbed 4 or 5 times each day! That means their energy is being used to fly away and deal with stress instead of feeding and resting.

The other matter of concern is shellfish harvesting; people who take shellfish from the estuary are gathering food that would otherwise be available to birds, not only that but they are also disturbing the birds while they do it. The signs state clearly that anything taken from the mudflats is NOT suitable for human consumption. So the question being WHY do it?

The vision of the Estuary Trust includes "Healthy ecosystems that we can all enjoy and respect". And we work towards the concept of respecting the wildlife that we share our estuary with.

For more information on the Estuary Trust please visit www.estuary.org.nz or mail; info@estuary.org.nz

Community Centre Update

Kia ora!

Welcome to our first edition of the Pleasant News for 2020.

The year is well under way so the centre is bustling with over 50 regular community groups and classes using the community centre.

Soup & A Show has begun again, please join us first and third Thursdays of every month for a social lunch in the Front Room cafe followed by a vintage movie. We have a wide range of films scheduled for the first half of the year, and ideas for films are always welcome!

Cup of Tea is now meeting each Monday at 10.30am for anyone who would like to join this small group for a catch up in the cafe. We have taken two trips out, to Waitutuutu Community Garden and for a tour at Christchurch Art Gallery. We meet at the community centre and car pool to the city. Whether you usually come to Cup of Tea or not, if you'd like to join us on these occasional trips, keep an eye out on our fortnightly newsletter - if you are not signed up to this yet, find the sign up form on page 11.

The Front Room Cafe is increasingly busy, serving coffee, tea, light lunches and snacks six days a week. It has been wonderful using produce from our community garden in the cafe.

If you'd like to get your hands dirty in the community garden, Jocelyn would love to have you along! Get in touch with her directly jocelyn@mpcc.org.nz or leave a message in the office. We are very pleased to be welcoming Playgroup back - now on Fridays 11am. Come down for a play and make connections with other parents in the area.

Looking forward to seeing you in the community centre soon!

Kathy Bartlett

Community Development Coordinator

community@mpcc.org.nz



SOUP & A SHOW

1st and 3rd Thursdays of the Month

Soup or other simple lunch from 11.30, movie from 12

March 5 *Top Hat* March 19 *Quartet*
April 2 *A Passage to India* April 16 *Sense & Sensibility*
May 7 *The Spider, The Mistress & The Tangerine* May 21 *Mr Turner*
June 4 *The Hustler* June 18th *The Artist*

Soup \$5, movie entry by koha/donation

COMMUNITY@MPCC.ORG.NZ



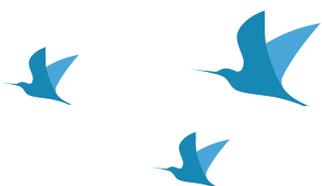
A VERY PLEASANT PLAYGROUP!

A friendly playgroup for preschool kids and their grown-ups!

Join us Fridays 11am - 12.30pm



For more info contact community@mpcc.org.nz



More Than Just A Farmers Market

As well as the usual fare of fresh vegetables, meat, fish, cheese, bakery goods and deli items, the Mt Pleasant Farmers Market is also where you can become more environmentally conscious. The market regularly hosts stalls from Predator free Part Hills and electric bike demonstrations.

The predator free stall has a variety of traps for sale as well as advice on all aspects of trapping and record keeping. This has generated an increase in the uptakes of traps as more people become aware of the importance of ridding the Port Hills of rats, possums and stoats.



The market also has demonstration electric bikes from time to time, which is especially valuable to cyclists who live on hills.

There is also an opportunity at the market for community groups to have fundraising stalls free of charge. If you are interested in having a stall to help your club or team raise money, then contact the market coordinator, Di Richardson, on 027 288 0024.

Back by Popular Demand, Mt Pleasant Showcase

On Friday, May 1st, we are holding another evening where we showcase many of the activities that happen at the centre.

The line-up includes Dance Revolution, The Mt Pleasant Ukulele band, The Mt Pleasant singers, Dance to be Free and Heidi's gymsticks. More groups may be added.

There will be a cash bar and a light supper. Entry is by paper koha.

This is a great opportunity to experience the range of activities that bring such vitality to the Mt Pleasant Centre.

Mt Pleasant Showcase
6.30pm, Friday, May 1.
Koha entry, cash bar.

For catering reasons, please register at the sign-up sheet in the Front Room or email community@mpcc.org.nz to let us know you are coming.

DANCE FITNESS christchurch IS NOW AT THE Mt PLEASANT COMMUNITY CENTRE *WEDNESDAYS 10.00AM*

Fitness should not be something you dread. It should bring you joy and restore your soul. Dance Fitness CHCH combines moves from jazz, hip hop and ballet into fun, simple choreography, set to upbeat music of the 70's, 80's, 90's - right up to today. Each class includes a playlist with up to 16 choreographed routines that is simple enough for the beginner yet challenging enough for the more experienced dancer.



ALL AGES
ALL LEVELS
ALL WELCOME
for more
information
contact Gillian
021 821 260



Local Children Write Original Estuary Song

When we found out that Roger Lusby was going to be our guest artist for the Estuary Festival, writing an original song with local children just seemed to be the right thing to do. One of Roger's many talents is working with school children about issues that are important to them and putting it to music.

The only trouble was the timeframe as it was the end of the school term for 2019 and the festival was at the beginning of the school term for 2020. Could we do it? You bet!

Three schools came on board and each school wrote a verse about our estuary.

Heathcote Valley School wrote the tune and the verse about the sea creatures in the estuary. Mt. Pleasant School wrote the verse about birds in the estuary and Sumner School wrote about the flora and fauna.

Roger worked out a chorus and before you know it, we had a song!

There wasn't much time to practice but each school did their best with a small group of singers and ukulele players.

The day before the festival, Roger came to Christchurch and we held an all day workshop with almost 60 students from the 3 participating schools. We sang and played the ukuleles, revised, practiced some more and then we did a recording. It was great!

At the festival almost 60 students from Heathcote Valley School, Mt. Pleasant School and Sumner School debuted their original song about the estuary to a packed audience.

The response was wonderful! They were so good they performed twice during the festival.

We also have to acknowledge their dedicated teachers, who supported this venture – above and beyond the call of duty! Watch this space as there might be a new CD coming out soon!

Well done to all involved!



YOGA NEW BEGINNERS COURSE STARTS 2 MAY!

SAT 10.45 AM - 12.15 PM, 9-WEEK COURSE, \$160 BOOKING ESSENTIAL

YOGA CASUAL CLASS ONGOING

SAT 9 AM - 10.15 'TRY YOGA' PROMOTION \$30 FOR 3 CLASSES

MPCC Activity Studio upstairs • CONTACT Maja 0274210424 • www.yogaintuition.nz

ZHINENG QIGONG CLASSES

Experience gentle, meditative movement to relax your mind and improve your health and vitality. The regular practice is beneficial for many chronic diseases and muscular problems. It is suitable for all ages.

Fridays 9 - 10.30 am
Mt Pleasant Community Centre
Contact Vida 021 072 0161



Whole Systems Gardening Services

Offering professional and experienced services in:

- Garden and Permaculture design
- Horticulture
- Arboriculture
- Hedge cutting
- Pruning
- General garden maintenance

Phone or text Roz Rolls on 028 4215089

polinaprodance@gmail.com
021 029 029 92

OPEN ADULT BALLET

MONDAY 11 AM
WEDNESDAY 7.30 PM

RUSSIAN STYLE BALLET
casual classes for everyone

Activity Room Mount Pleasant Community Centre

PRE SCHOOL BALLET

RUSSIAN STYLE BALLET
first steps to the world of beauty and elegance

MONDAY 10.30 AM
FRIDAY 10.00 AM

30 min class full of glorious classical music, sweet smiles and joy!

polinaprodance@gmail.com
021 029 029 92

Kindergarten Update

from Kidsfirst Kindergarten The Bays Tēnā koutou, the last few week has been an exciting one as we begin a new Kindergarten year here at The Bays.

Children have re-joined us here at Kindergarten and are demonstrating confidence in re-establishing themselves within our learning community, developing new connections, and extending their working theories around the concept of Whanaungatanga (relationships).

Te Whāriki emphasises that Children develop a sense of "who they are", their place in the wider world of relationships, and the ways in which these are valued and these has been a wonderful example of this in action.

With a focus on Whanaungatanga (relationships) we extend a warm welcome to all with children aged 0-5 to come visit and get to know who we are.







MOUNT PLEASANT CENTRE

Mt Pleasant

Art & Craft Market

Buy original crafts, unique art works and meet the makers at all of the 2020 markets

March 7th, May 9th, July 4th, September 5th, November 7th, December 12th

To book a stall or any questions get in touch DI.market@mpcc.org.nz
020 41954639

Est Fest 2020 Beats the Rain

by Jocelyn Papprell

The annual celebration of our wonderful Avon-Heathcote Ihutai estuary went off without a hitch despite the threat from dark clouds hovering over the hills for much of the day.

After a minutes silence and the placing of flowers in cones in remembrance of 22.02.2011, the Port Hills MP, the Hon. Ruth Dyson opened the event.

A good crowd attended during the four-hour festival delighting in the usual fairground rides – the Sizzler, bumper boats, Pedalmania, pony rides and, of course, bouncy castles.



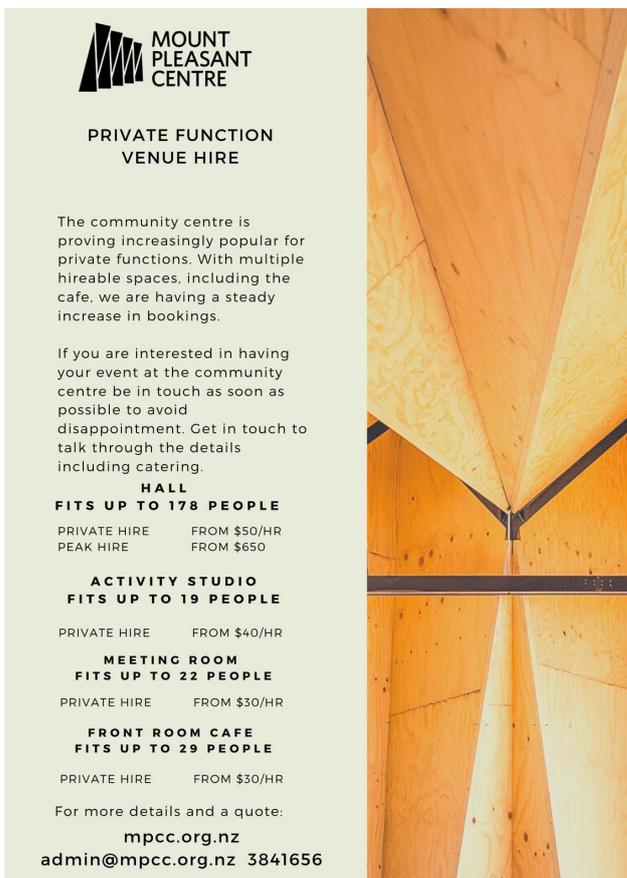
A good range of stalls promoted the myriad of small business and community groups active in the Bridge to Rocks coastal area. Displays by the Dept. of Conservation, Working Waters Trust, EOS Ecology and Sustainable Coastlines attracted a great deal of attention due to their interactive displays.

A MM2 activity led by Matt Stanford from Enviroschools got lots of families ankle deep in the estuary mud to investigate what lives there.

The highlight of the day were the two performances by children from Mt Pleasant, Sumner and Heathcote Valley Schools who performed a song they had written in with musician Roger Lusby supported by Rebekah McCullough and teachers from their schools.

The Mt Pleasant Memorial Community Centre and Residents' Association which organised the event is grateful to the many sponsors who supported the event, particularly Avon-Heathcote Estuary Ihutai Trust, Christchurch City Council, Storage King, Ferrymead Pharmacy, and Ferrymead Rotary.

Community events like Estuary Fest don't happen without the work of many people giving of their time - thanks to volunteers from the AHEIT, Ferrymead Rotary, Hohepa, the Mt Pleasant community and friends for ensuring the event ran smoothly.



MOUNT PLEASANT CENTRE

PRIVATE FUNCTION VENUE HIRE

The community centre is proving increasingly popular for private functions. With multiple hireable spaces, including the cafe, we are having a steady increase in bookings.

If you are interested in having your event at the community centre be in touch as soon as possible to avoid disappointment. Get in touch to talk through the details including catering.

HALL
FITS UP TO 178 PEOPLE

PRIVATE HIRE	FROM \$50/HR
PEAK HIRE	FROM \$650

ACTIVITY STUDIO
FITS UP TO 19 PEOPLE

PRIVATE HIRE	FROM \$40/HR
--------------	--------------

MEETING ROOM
FITS UP TO 22 PEOPLE

PRIVATE HIRE	FROM \$30/HR
--------------	--------------

FRONT ROOM CAFE
FITS UP TO 29 PEOPLE

PRIVATE HIRE	FROM \$30/HR
--------------	--------------

For more details and a quote:
mpcc.org.nz
admin@mpcc.org.nz 3841656

Accessible Dance at MPCC

by Cath Gittins

Dance to be Free is all about making dance accessible to people of all ages and abilities. We pride ourselves on our FUN and EASY way to learn latin and ballroom based dancing, there are no wrong steps in our classes, and we actively encourage those with 'two left feet' to give it ago so we can make one a right!

The stunning location and facilities of Mt Pleasant Community Centre allow us to offer the community not only beginner and intermediate level group classes but also private lessons, wedding dance lessons and choreography, and our specialty Power of Dance classes.

Power of Dance classes are specifically designed as a fun and interactive way to allow dancing to be utilised as a tool to enable older adults, and those living with common chronic and neurological conditions (such as Parkinsons, MS, Stroke, dementia and other physical and mental disabilities) to experience the joys of music and dance, and to be able to move freely through their daily routines.

The research into the health benefits of dance is extensive: Dancing promotes balance, improves mobility, increases strength and builds confidence to name but a few. All this while learning a fantastic new skill of dancing! But most importantly we laugh and have fun whilst building a supportive community along the way.

The Power of Dance classes are on every Tuesday at MPCC, there are two sessions, a Standing Class 10-11am followed by a seated class at 11am-12pm.



Spare Citrus?

IF YOU HAVE SPARE CITRUS OF ANY KIND - WE'D LOVE TO TAKE IT OFF YOUR HANDS! LEMONS, LIMES, GRAPEFRUIT ALL VERY WELCOME.

PLEASE DROP IT INTO THE FRONT ROOM CAFE SO WE CAN TURN IT INTO YUMMY TREATS AND REFRESHING DRINKS FOR OUR CUSTOMERS.

EVERY DOLLAR MADE IN THE FRONT ROOM CAFE SUPPORTS THE WORK OF OUR COMMUNITY CENTRE.

Heidi's Group Fitness & Yoga Classes

www.heidi2health.co.nz

0274 942 667



For all ages and stages of fitness to improve strength, fitness, balance and wellbeing in a supportive environment with Heidi, an experienced motivating trainer.

Mt Pleasant Community Centre

Monday	9am	Gymstick
Tuesday	12noon	Yoga
Tuesday	7pm	Gymstick
Wednesday	9am	Circuit
Friday	9am	Circuit

FIRST CLASS FREE

Linwood College Update

by Richard Edmundson

Kia ora koutou. Talofa. Kia Orana. Malo e lelei. Bula. Fakaalofa atu. Namaste. Kumusta. Haere mai to LCŌ.

Communities run on whanaungatanga / relationships. And for a school the primary reason for these relationships is learning—student success and particularly success with integrity. Learning relationships are everything.

Two whakataukī illustrate this: Mā pango, mā whero, ka oti ai te mahi: With red and black the work will be complete, and So'o le fau i le fau: Join hibiscus fibre to hibiscus fibre. Therefore, I wish to thank all the whānau who were able to attend our mihi whakatau / welcome for the new students, whānau and staff. It was a wonderful way to start the school year.

In particular, I mihi / acknowledge Ngāi Tūāhuriri and Matua Corban Te Aika who spoke for the mana whenua / hosts, and speaking for the manuhiri / visitors (new students, whānau and staff) both Mr Garth Lewis, our new Asst Head of Maths and dean, and Matua Hohepa Waitoa and the Waitoa whānau. It certainly is very positive to know that 2020 and 2021 are settled years. We are calling this Phase 2. No packing to get ready to move school sites, no move itself, and no unpacking and setting up.

Adding to this positive note, now that the very specific asbestos management at Aldwins Rd has been completed, we can now see the visible progress of the demolition, getting the site ready for our new school.

Further concerning a learning-focussed environment, one of the joys of my job is that I am able to walk around the school a lot. Most classrooms are humming along with positive activity. LCŌ has a commitment to our school values, values that are put in place by our BOT, and we expect students to put these values into practice. As all schools should we offer considerable support to students who, for whatever varied reason, have difficulty with this putting into practice, but the BOT and I are united that the right of everyone to education includes the right of students to learn in a settled environment.

Finally, schools can be complex places, so if any member of school whānau wishes to talk to us about anything, please contact your child's dean either directly or through the office. Alternatively, to talk with me, my direct dial is 982 0100 ext 839. My door is open.

Richard Edmundson
Tumuaki-Principal



Would you like to receive our Mt Pleasant newsletter?

Sign up at our website www.mpcc/org.nz or bring this form into the Front Room Cafe and we will put you on the list to receive a fortnightly copy of all the information about what is going on in Mt Pleasant by email or in your letterbox.

Name

Email Address

Street Address



JOIN US!

Mt Pleasant Memorial Community Centre & Residents Association Inc. (MPMCCRAI) has been part of the Mt Pleasant Community for 62 years. Originally established at the same time as the Community Centre was first built in 1953, our role is a wide one and essentially is to ensure that the social, cultural and recreational needs of our community are fulfilled. Since the earthquakes in 2011 our role continues to evolve and expand to include that we enable the on-going development of a strong, vibrant and connected community.

Our Vision is:

Mt Pleasant is a community that is welcoming, responsive and dynamic

Our Mission is:

To nurture community life and vitality

Committee and Staff

We currently have 8 committee members who were elected at our AGM in March 2019. We employ 4 part-time staff; a Centre Administrator, a Community Development Coordinator, a Community Activator/ Farmers Market Coordinator and a Caretaker. Our Committee meets monthly on the second Monday of the month at 7.15pm at the Mt Pleasant Community Centre.

Our current projects involve:

Coordination of 55+ classes, activities and community events.

Running the Mt Pleasant Farmers Market every Saturday and the regular Arts & Crafts Market.

Organising community events such as Estuary Fest, vintage film screenings, community singing group, Matariki celebrations and more.

Keeping our community connected with our E-Newsletter, the Pleasant News (hard copy newsletter), website and Facebook.

We are planning some fun activities for our members this year so watch this space!



Residents
Association

MEMBERSHIP FORM

Support the Association - Become a Member Today!

How can you support us?

Currently the Association depends on grants and residents' subscriptions to fund its activities and to help with running costs of the new centre. Please show your support for the work we do by becoming a member of the Association, for only:

- \$30.00 per annum for a household
- \$20.00 for a single person.

If you reside in the area, Membership of the Association entitles you to voting rights at the AGM. We appreciate all ideas and input.

I/we wish to become a member/s of the Mt Pleasant Memorial Community Centre & Residents Assn. Inc.

Circle: Family/ Household - \$30 Individual -\$20

1. Full Name _____

Email _____

2. Full Name _____

Email _____

Address _____

Home phone _____

Mobile phone _____

Payments can be made in the following ways:

Cash: in the Front Room Café inside the Community Centre six days a week.

Cheque: made payable to Mt Pleasant Memorial Community Centre & Residents Association Inc. Post to 3 McCormacks Bay Road, Christchurch 8081.

Internet banking: Westpac account Mt Pleasant Memorial Community Centre & Residents Association Inc. Account number 03 1599 0437114 00.

Please complete this form and post to us or drop in to the Centre office to process.

Funds raised through memberships and donations go towards the operational costs of the Centre. THANK YOU!

3 McCormacks Bay Road, Mt Pleasant phone 384 1656
OFFICE HOURS: Mon - Fri 9.00am - 2.30pm

E-news sign up and all information: www.mpcc.org.nz
Find us on facebook/MPMCCRAI or Instagram
mt_pleasant_community

What You Can Do

Mt Pleasant has a neighbourhood contact group to keep people in touch and provide help to anyone who needs it. We are keen to get as many in the group as possible so as a neighbourhood and community we can offer each other support as required.

While it is important to be aware of the needs of those with increased vulnerability at this time, we are putting a call out residents who are in full health and have capacity to help right now. Now is a great time for younger people to help older people in the community.

Help for anyone may include any of the following:

- Getting a street phone list together or making sure it is up to date (including new residents)
- Helping to identify those that desire someone to keep in touch with them
- Calling people for companionship and/or identifying what practical support is required
- Providing delivery of food/medication (drop offs to the door ONLY)

If you may need help or are in a position to offer any of the above please provide your name, phone, address and email to: community@mpcc.org.nz and we will be in touch.

Community Centre Covid-19 Update

All classes and groups are cancelled at this stage. This included the AGM - another will be scheduled when appropriate. The Farmers Market will continue with extra precautions taken.

In Mt Pleasant we are good at coming together as a community, supporting each other and showing aroha - and we will do it through this situation, too. It's not going to be business as usual and we will have to work in a different way, but we will still be able to connect and thrive. If you'd like to help see What You Can Do section of this leaflet. **If you have ideas about what would be useful, please be in touch.**

Consider using the forms on the reverse to be in touch with your neighbours.

If you have a need that community centre staff or volunteers may be able to assist with please get in touch. If you would like to volunteer we'd love to hear from you.

Contact Us:

community@mpcc.org.nz

3841656

Phones staffed between 10am -

12pm Mon-Sat



Farmers Market Continues

The Farmers Market will continue at this time 9.30am - 12.30pm on Saturdays.

Stalls will be more spread out, and stallholders will be taking extra hygiene precautions. The ATM inside the centre will still be available, antibacterial wipes will be available there.

You will be able to get most of your food for the week at the market including:

- milk & cheese
- eggs
- meat & fish
- dry goods
- baked goods & bread
- condiments and herbs
- fruit and vege

**Any questions please contact Di 0204 1954639
market@mpcc.org.nz**

The best way to keep up to date with latest community centre and Mt Pleasant news is on our website mpcc.org.nz or find us on facebook. If you do not have the internet, you can go on our list of hand delivered notices. Please call us to arrange or drop the form from page 11 into the community centre letterbox by the front door.

KIA ORA NEIGHBOURI!
If you are self-isolating, I can help provide support.

My name is: _____

My address is: _____

My phone number is: _____

If you are self-isolating, I'd be happy to help with:

Shopping

A friendly call

Other: _____



Creating safe, resilient and connected communities.

Just call / text me and I'll do my best to help out (for free).
COVID-19 is contagious so we both need to take precautions
to ensure we are only spreading kindness. The Ministry of
Health website (www.health.govt.nz) has the latest info.
Let's both keep up-to-date. If your symptoms worsen
you can phone the NZ COVID-19 Helpline on
0800 358 5453, or 111 in an emergency.